

280th Base Support Battalion
Commander's Action Forum



WELCOME TO THE COMMANDER'S ACTION FORUM

11 MAY 04

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280th Base Support Battalion

IMPORTANT UPCOMING SCHOOL DATES:

- **18 May 1500 - SES PTA Meeting**
- **19 May 1500 - SES School Advisory Council Meeting**
- **20 May 1300- BKES Dare Graduation**
- **12 May 1900 - WHS Varsity Band Spring Concert**
- **24, 5 May 0900-1200 -5th Grade MS Orientation at SMS**
- **25 May 1800 - SMS Spring Concert**
- **9 June - SMS Field Day**
- **10 June - Last Day of School**



***"Superbus
Servire"***

SUMMER HIRE

- **SUMMER HIRE OFFERS YOUNG PEOPLE AGES 14-23 EMPLOYMENT FOR THE SUMMER**
- **THIS YEAR'S SUMMER HIRE PROGRAM RUNS 28 JUNE THROUGH 6 AUGUST**
- **INFORMATION ON THE PROGRAM, INCLUDING VACANCY ANNOUNCEMENTS AND APPLICATION INSTRUCTIONS, IS POSTED ON CHRMA WEBSITE:**



280th Base Support Battalion



**WANT TO MAKE
SOME EXTRA CASH?**



**HAVE YOU THOUGHT ABOUT DOING NAILS, HAIR,
MASSAGES OR TEACHING PIANO LESSONS OUT OF
YOUR HOME?**

**IF SO, STOP BY YOUR LOCAL COMMERCIAL AFFAIRS
OFFICE IN BLDG. 206, S-1 SECTION, LEDWARD
BARRACKS TO OBTAIN MORE INFORMATION ABOUT
HOME BASED BUSINESSES!**



***"Superbus
Servire"***

**280th Base Support
Battalion**

BIRTH REGISTRATION & US PASSPORTS

YOU NEED AN APPOINTMENT

CALL 354-6307 or 09721-966307

OPEN 0800-1100 & 1300-1500 (M-F)

CLOSED THURSDAYS

BLDG. 215, LEDWARD BKS



***"Superbus
Servire"***

280th Base Support
Battalion

AER CAMPAIGN

- **HELP SUPPORT THE 2004 ARMY
EMERGENCY RELIEF CAMPAIGN!**

DONATE

**AER PROVIDES SCHOLARSHIPS FOR
SPOUSES, IN ADDITION TO LOANS AND
GRANTS FOR PEOPLE IN EMERGENCY
SITUATIONS**

- **BECAUSE YOU NEVER KNOW WHEN YOU
MAY NEED A LITTLE HELP**

SEE YOUR UNIT REAR DETACHMENT POC



**"Superbus
Servire"**



DPW PROJECT

PROJECT STATUS STATUS

CLOTHING SALES RELOCATION/RENOVATION	SD: 15 APR 04	ECD: OCT 04
CDC KITCHEN RENOVATION/UPGRADE	SD: 15 NOV 03	ECD: 30 JUN 04
REPAIR ROOFS AND BBQ AREAS (ASKREN MANOR)	ON-GOING	
RENOVATE LEDWARD THEATER	SD: 9 FEB 04	ECD: 1 OCT 04
REPAIR CARPORT ROOFS (JACKSON ST)	SD: 5 APR 04	ECD: 31 MAY 04
YELLOW RIBBON ROOM KITCHEN/BATHROOM UNIT	SD: 26 APR 04	ECD: 15 MAY 04
ACCESS CONTROL POINT UPGRADES (YORKTOWN, LEDWARD - WEST, ASKREN - JFK RING)	ESD: AUG 04 ECD: JUN 05	
REPAIR CONN BACK ROAD	PROPOSAL PACKET WITH USAREUR G8	
*FOR HOUSING SPECIFIC DEPLOYMENT QUESTIONS PLEASE CALL THE HOUSING OFFICE or HOUSING LIAISON OFFICER DSN: 354-6388/7030 OR VISIT OUR WEBSITE http://www.schweinfurt.army.mil/housing/		

**280TH BASE SUPPORT BATTALION -- DIRECTORATE OF PUBLIC
WORKS**

PROVOST MARSHAL

OFFICE

EVENTS

- **BK DARE GRADUATION**
 - 20 MAY, 1300, BK ELEMENTARY SCHOOL
- **CHILD SAFETY SEAT INSPECTION**
 - 22 MAY 04, 1000-1400, SES
- **BICYCLE RODEO**
 - 27 MAY, 1600-1900, SES
- **NATIONAL NIGHT OUT**
 - 14 AUG, 1100-1400, KESSLER FIELD



SCHWEINFURT HEALTH CLINIC

PEDIATRICIAN AT CLINIC ON:

MAY: 12, 19 & 26

PEDIATRICIAN HIRING ACTION CONTINUING.

[-HTTP://WWW.SCHWEINFURT.ARMY.MIL/HEALTHCLINIC/](http://www.schweinfurt.army.mil/healthclinic/)

MEDICAL INSURANCE NEEDED!

**DID YOU KNOW MOST US INSURANCE COMPANIES
DO NOT COVER MEDICAL BILLS OUTSIDE OF THE
US?**

**NON-ID HOLDING FAMILY MEMBERS AND FRIENDS
VISITING FROM THE US MUST HAVE HEALTH
INSURANCE THAT COVERS THEM IN EUROPE.**

**CARE AT MILITARY TREATMENT FACILITIES IS NOT
AUTHORIZED AND MEDICAL AND HOSPITAL BILLS
ADD UP QUICKLY.**

PLEASE MAKE SURE LOVED ONES ARE PREPARED!



CONTRACT POSITION OPEN

**CONTRACT POSITION: TRICARE MEDICAL SERVICE
COORDINATOR**

DUTY LOCATION: SCHWEINFURT HEALTH CLINIC

REF NO#: EAH080545

APPLICANTS SHOULD POSSES:

- HIGH SCHOOL DIPLOMA; BACHELORS DEGREE PREFERRED**
- THREE YEARS EXPERIENCE WITH MILITARY OR CIVILIAN
HEALTHCARE SYSTEM**
- ONE YEAR EXPERIENCE WITH A HEALTHCARE COMPUTER
SYSTEM**
- FLUENCY IN ENGLISH**
- SEEKING FOR LOCAL CANDIDATES ONLY. RELOCATION OR
HOUSING ALLOWANCE IS NOT PROVIDED.**

**PLEASE SUBMIT YOUR RESUME AND COVER LETTER TO:
TRICARE-JOBS@SAIC.COM**

OR



EDUCATION AND DEVELOPMENTAL

INTERVENTION SERVICES

OUR GOAL IN THE EARLY INTERVENTION SERVICES IS TO SUPPORT FAMILIES IN THEIR EFFORTS TO ACHIEVE FUNCTIONAL INDEPENDENCE FOR THEIR INFANT/TODDLER WITH DEVELOPMENTAL DELAYS OR DISABILITIES. FAMILIES MAY BE ELIGIBLE FOR EARLY INTERVENTION SERVICES IF THEY HAVE A CHILD AGE BIRTH TO THREE YEARS WITH A DOCUMENTED DEVELOPMENTAL DELAY OR WHO HAS A DIAGNOSED PHYSICAL OR MENTAL CONDITION WHICH HAS A HIGH PROBABILITY OF RESULTING IN A DEVELOPMENTAL DELAY.

*** IF YOU WOULD LIKE TO HAVE YOUR CHILD SCREENED FOR A DEVELOPMENTAL DELAY CALL DSN: 354-6257/6510 CIV 09721-96-6257/6510**



HEALTH MANAGEMENT CLASSES AT WBG HOSPITAL

PEDIATRIC ASTHMA

**1000-1200 -CALL PEDS RECEPTION TO SIGN UP @
350-3771
8 JUN, AND 6 JUL**

ADULT ASTHMA

**1000-1200 - CALL METS TO SIGN UP @ 350-3831
8 JUN, 13 JUL, 10 AUG, 14 SEP,
12 OCT, 9 NOV, 14 DEC**

DIABETES OUTPATIENT SELF-MANAGEMENT

0800-1200 - CALL NUTRITION THERAPY @ 350-3385



SOCIAL WORK SERVICE

KIDS COPING SKILLS GROUP

AGES: 8 - 12

TOPICS: DEVELOP SKILLS THAT INCLUDE: PROBLEM SOLVING; COPING WITH STRESS; ANGER MANAGEMENT; SOCIAL SKILLS; MAKING BETTER CHOICES; COMMUNICATION; DEVELOPING SELF-ESTEEM

WHERE: YELLOW RIBBON ROOM, LEDWARD BARRACKS

WHEN: EVERY TUESDAY FROM 1500 - 1600

REGISTRATION INFORMATION: SUSAN FREEMAN, MARRIAGE & FAMILY THERAPIST AT 354-6473 OR 354-6276 AND LEAVE A MESSAGE.



SOCIAL WORK SERVICE

PARENT'S SUPPORT GROUP - SCHWEINFURT ELEMENTARY SCHOOL

**TOPICS: CHILD DISCIPLINE ISSUES, BEING A TEMPORARY SINGLE
PARENT, CHILDHOOD LEARNING PROBLEMS, CHILD BEHAVIOR
MANAGEMENT**

WHERE: SCHWEINFURT ELEMENTARY SCHOOL ROOM 36

**WHEN: EVERY 1ST & 3RD WEDNESDAY OF EACH MONTH FROM 1300 -
1415**

**REGISTRATION INFORMATION: SUSAN FREEMAN, MARRIAGE &
FAMILY THERAPIST AT 354-6473 OR BILL FISK, SES SCHOOL
COUNSELOR**



SOCIAL WORK SERVICE

ANGER MANAGEMENT GROUP

WHEN: WEDNESDAY FROM 1300-1500

MORE GROUPS AND COUNSELING:

- FAMILY LEADERSHIP TRAINING**
- PARENTS OF CHILDREN WHO WITNESS ABUSE**
- MEN'S PERSONAL DEVELOPMENT GROUP**
- WOMEN'S GROUP**
- FAMILY COUNSELING, INDIVIDUAL COUNSELING, AND MARITAL THERAPY**

ALL OF THE ABOVE ARE HELD AT LEDWARD HEALTH CLINIC 4TH FLOOR.

FOR REGISTRATION AND ADDITIONAL INFORMATION PLEASE CALL 354-6276 COMMERCIAL 09721-966276

DIRECTORATE OF LOGISTICS

- AAFES/ COMMISSARY FORUM**
- WHEN: 9 SEP 04, 0930 HOURS**
- WHERE: COMMUNITY CONFERENCE ROOM**
- OPEN TO THE COMMUNITY**
- POC MR. JONES/ MS GOWER 354-1540**



***"Superbus
Servire"***



OFFICE OF THE COMMUNITY CHAPLAIN



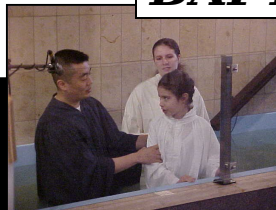
- 0900 PROTESTANT MOTHER'S DAY PICNIC 09 MAY
- CHAPEL MISSIONS TRIP TO POLAND 13 - 18 MAY
- CATHOLIC CHAPEL TRIP TO LOURDES 13 - 18 MAY
- CLUB BEYOND YOUTH TRIP HS 12 - 18 JUNE
- CLUB BEYOND YOUTH TRIP JUNIOR HIGH 26 JUN - 03 JUL
- VACATION BIBLE SCHOOL 21 - 25 JUNE



SHARING

FELLOWSHIP

BAPTISM



PRAYER



WORSHIP



OFFICE OF THE COMMUNITY CHAPLAIN

CHAPLAIN FAMILY LIFE CENTER



354-6135

- **CHAPLAIN DAVID MIKKELSON OFFERS INDIVIDUAL, COUP AND FAMILY COUNSELING. CALL FOR AN**



- **CH MIKKELSON WILL COME AND SPEAK AT YOUR FRG MEETING ON ANY RELATIONAL OR DEPLOYMENT ISSUE. JUST CALL!**

CH (MAJ) MIKKELSON, AETV-WG-SN, david.mikkelson@cmtymail.98asg.army.mil, 354-6135, 1 Oct 2004



OFFICE OF THE COMMUNITY CHAPLAIN

CHAPLAIN FAMILY LIFE CENTER

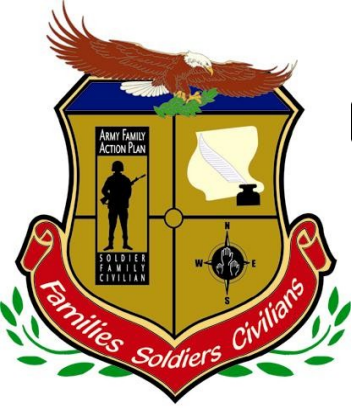


354-6135

- **R & R SEMINARS.** PLAN WISELY FOR THIS SPECIAL TIME WITH YOUR SPOUSE. WE WILL DISCUSS GOOD IDEAS FOR PREPARATION, AND SOME THINGS TO AVOID. CHILD CARE AND SNACKS PROVIDED. CALL TO SIGN UP. LOCATION IS THE FAMILY LIFE CENTER, ABRAMS CLUB.
25 MAY & 22 JUN, 0930-1130
8 JUN, 1800-2000

- **SPIRITUAL RETREAT.** JUNE 17-20, CH MIKKELSON WILL LEAD A SPIRITUAL RETREAT AT SCHLOSS MITTERSILL IN AUSTRIA. LODGING AND FOOD PROVIDED, AND DAILY SESSIONS TO CHALLENGE YOUR SPIRITUAL GROWTH. CALL TO SIGN UP. **SPACE IS LIMITED, SO CALL SOON.**





ARMY FAMILY ACTION PLAN



WHAT IS AFAP?

THE ARMY FAMILY ACTION PLAN (AFAP) CREATES THE LOOP BETWEEN THE ARMY FAMILY AND ARMY LEADERSHIP. IT'S THE PROCESS THAT ALLOWS SOLDIERS AND FAMILIES TO SAY WHAT *IS AND ISN'T* WORKING, AND HOW THEY WOULD FIX IT. IT ALERTS COMMANDERS AND ARMY LEADERS TO AREAS OF CONCERN THAT NEED THEIR ATTENTION, AND IT GIVES THEM THE OPPORTUNITY TO IMPLEMENT PLANS AND WORK TOWARDS RESOLVING THE ISSUES.



EDUCATION CENTER

- **NEEDS ASSESSMENTS SURVEYS ARE STILL AVAILABLE FOR FAMILY MEMBERS AT CONN AND LEDWARD EDUCATION CENTERS:
TELL US WHAT COLLEGE PROGRAMS YOU WANT!!**
- **CTC / UNIVERSITY OF MARYLAND REGISTRATION FOR TERM 5
BEGINS 24 MAY - 4 JUN. CLASS DATES 7 JUN -- 30 JUL.**
- **UNIVERSITY MARYLAND UNIVERSITY COLLEGE
DISTANCE EDUCATION REGISTRATION BEGINS 26 APR - 4JUN.**



2004 IS A PRESIDENTIAL ELECTION YEAR IT'S YOUR FUTURE. VOTE FOR

TO REGISTER TO VOTE:

- SEE YOUR UNIT VAO TO GET A
FEDERAL POSTCARD APPLICATION

- 1LT SCOTT SPAHR, BDE VAO, 353-8288
- JAMES REILLY, 280TH BSB VAO, 354-6471

OR

• VISIT THE FVAP WEBSITE AT



STATE ELECTION DATES

MAY

ARKANSAS 05/18 (P,S)

KENTUCKY 05/18 (P,S)

OREGON 05/18 (P,S)

IDAHO 05/25 (P,S)

JUNE

ALABAMA 06/01 (P,S)

NEW MEXICO 06/01 (P,S)

SOUTH DAKOTA 06/01
(P,S)

IOWA 06/08 (S)

MAINE 06/08 (S)

MONTANA 06/08 (P,S)

NEW JERSEY 06/08 (P,S)

NORTH DAKOTA 06/08
(S)

SOUTH CAROLINA 06/08
(S)

VIRGINIA 06/08 (S)

UTAH 06/22 (S)



ARMY KNOWLEDGE ONLINE (AKO) ACCOUNTS

- **AKO IS A FREE WEB-BASED E-MAIL SYSTEM.**
- **ALL FAMILY MEMBERS ARE AUTHORIZED TO ESTABLISH AN AKO ACCOUNT.**
- **IT IS AN EXCELLENT WAY FOR FAMILY MEMBERS TO COMMUNICATE WITH DEPLOYED SERVICE MEMBERS.**
- **ACCOUNTS CAN BE SET UP BY VISITING**
WWW.US.ARMY.MIL
- **OFFICERS AND ENLISTED SOLDIERS CAN ALSO ACCESS THEIR PERSONNEL RECORDS ON THE AKO WEBSITE.**

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DID YOU KNOW...????

**SOLDIERS AND DoD CIVILIANS CAN ACCESS
THE FOLLOWING INFORMATION ONLINE:**

- **VIEW AND PRINT LES**
- **VIEW AND PRINT W2 FORM FOR TAX PURPOSES**
- **START/CHANGE DIRECT DEPOSIT**
- **START/CHANGE THRIFT SAVINGS PLAN**

**LOG ON TO WWW.DFAS.MIL AND CLICK ON MY
PAY**



SCHWEINFURT DIGITAL TRAINING FACILITY

OFFERING - CONN BKS, BLDG 64

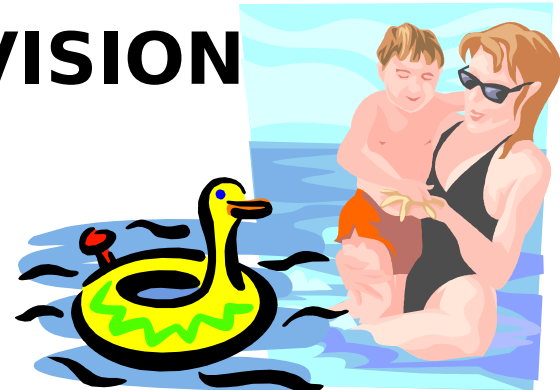
- VIDEO TELECONFERENCING
- DISTANCE LEARNING THROUGH CATC.
- ARMY CORRESPONDENCE COURSE PROGRAM
- SPLIT-TRAINING TELECONFERENCING LINKS IN BAUMHOLDER, VILSECK, WÜRZBURG, MANNHEIM, VICENZA, BOSNIA, KOSOVO AND THE STATES
- VIDEO MEDIA
- POWERPOINT PRESENTATIONS
- CUSTOMIZED TRAINING SUPPORT

POC BRANDON MCNEELY DSN 353-8564
EMAIL BRANDON.MCNEELY1@US.ARMY.M



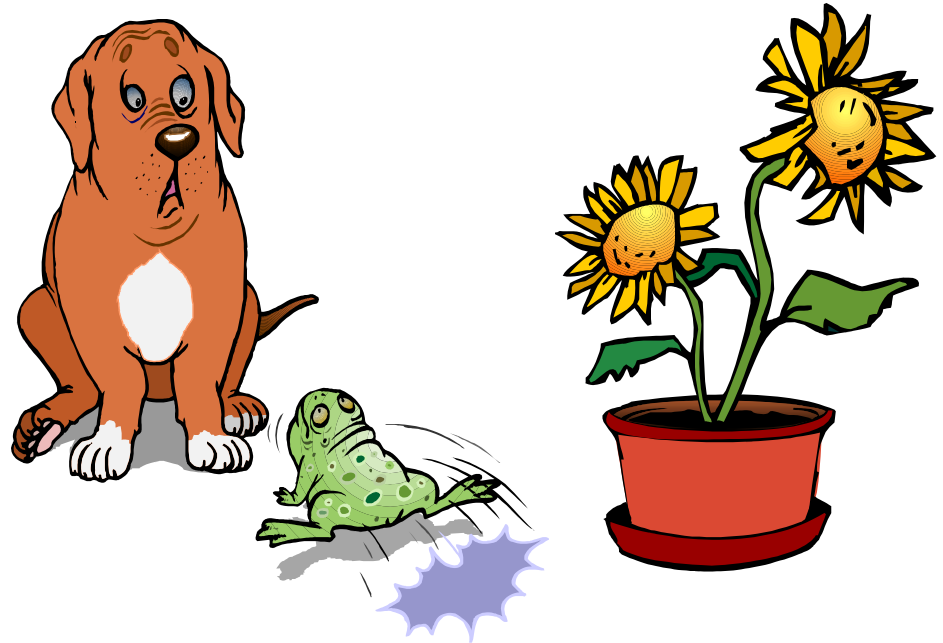
SWIMMING SAFETY

- **MAKE SURE CHILDREN KNOW HOW TO SWIM**
- **CONSIDER CPR COURSE**
- **MAKE SURE CHILDREN WEAR PERSONAL FLOTATION DEVICES (PFD)**
- **AIR-FILLED TOYS, MATTRESSES, OR SWIMMING AIDS ARE NOT PFDS**
- **PROVIDE ADULT SUPERVISION**



PESKY PETS AND PLANTS

- **KEEP CHILDREN AWAY FROM PLANTS**
- **USE COVERS IN POTS TO PREVENT PLAYING IN THE SOIL**
- **CONSIDER THE PET BEFORE PURCHASE**
 - **TYPE**
 - **TEMPERAMENT**
 - **ALLERGIES**
 - **HYGIENE**



STRANGE ANIMALS



- **NEVER APPROACH OR TRY TO PET AN UNFAMILIAR ANIMAL**
- **BE CAUTIOUS; ANIMALS MAY BITE WHEN THEY GET EXCITED**
- **REMEMBER; EVEN A SMALL BITE CAN BE DANGEROUS**
- **IT IS IMPORTANT TO LET AN ADULT KNOW IF BITTEN**



YARD AND PLAYGROUND SAFETY

- **CHECK FENCES AND PLAYGROUND EQUIPMENT**
- **ANCHOR PLAYGROUND EQUIPMENT AWAY FROM FENCES, WALLS OR OBSTRUCTIONS**
- **PUT WOOD CHIPS OR SAWDUST UNDER EQUIPMENT**
- **KEEP CHILDREN INDOORS WHEN MOWING THE YARD**
- **CHECK YARD FOR SNAKES, ANTS, AND THORNY POISONOUS PLANTS**
- **KEEP CHILDREN OFF THE LAWN AT LEAST 48 HOURS AFTER SPRAYING PESTICIDES**

BICYCLE, SCOOTER, SKATE, AND SKATEBOARD SAFETY



- **INSIST THAT CHILDREN WEAR HELMETS**
- **WEAR PADS AND GUARDS WHEN SKATING OR SKATEBOARDING**
- **PROPERLY FIT THE BIKE TO THE CHILD**
- **PLACE REFLECTIVE MATERIAL ON BIKES, HELMETS, AND CLOTHING**
- **CHILDREN SHOULD RIDE ON THE RIGHT SIDE OF THE ROAD**
- **NEVER SKATE OR SKATEBOARD IN THE STREET**

AAFES CONCESSIONAIRE

HOURS ADJUSTMENTS

ALTERATIONS, LEDWARD

MON-FRI 1000-1800
SAT 1000-1400
SUN CLOSED

ALTERATIONS, CONN

MON-SUN CLOSED

BARBER SHOP, LEDWARD

MON-FRI 0900-1800
SAT 0900-1600
SUN CLOSED

BARBER SHOP, CONN

MON-SUN CLOSED

LAUNDRY/DRY CLEANING, LEDWARD CONN

MON-FRI 1000-1800
SAT 1000-1400
SUN CLOSED

LAUNDRY/DRY CLEANING

MON-SUN CLOSED



DEPLOYMENT STAR CARD INFORMATION

- **DEPLOYED MILITARY MEMBERS CAN CHOOSE TWO ALTERNATIVES FOR STAR CARDS DURING DEPLOYMENT:**
- ***NO INTEREST/NO USE* FOR DEPLOYMENT PERIOD**
- ***6% INTEREST/LIMITED USE* WITH NO MONTHLY PAYMENT FOR DEPLOYMENT PERIOD (SEE YOUR UNIT COMMANDER TO COORDINATE WITH THE AAFES CUSTOMER INTERACTION CENTER FOR DETAILS)**



**GO TO
WWW.AAFES.COM FOR**



EMPLOYMENT OPPORTUNITIES

WE'RE ALWAYS LOOKING FOR NEW TEAM MEMBERS TO CONTINUE OUR SERVICE TO THE COMMUNITY!

STOP BY OUR HUMAN RESOURCES OFFICE ON LEDWARD BARRACKS (ACROSS FROM THE COMMUNITY BANK) OR FILL OUT AN APPLICATION ON-LINE! IT'S FAST, EASY, AND GOES WITH YOU TO EVERY NEW LOCATION!

JOIN OUR TEAM TODAY!

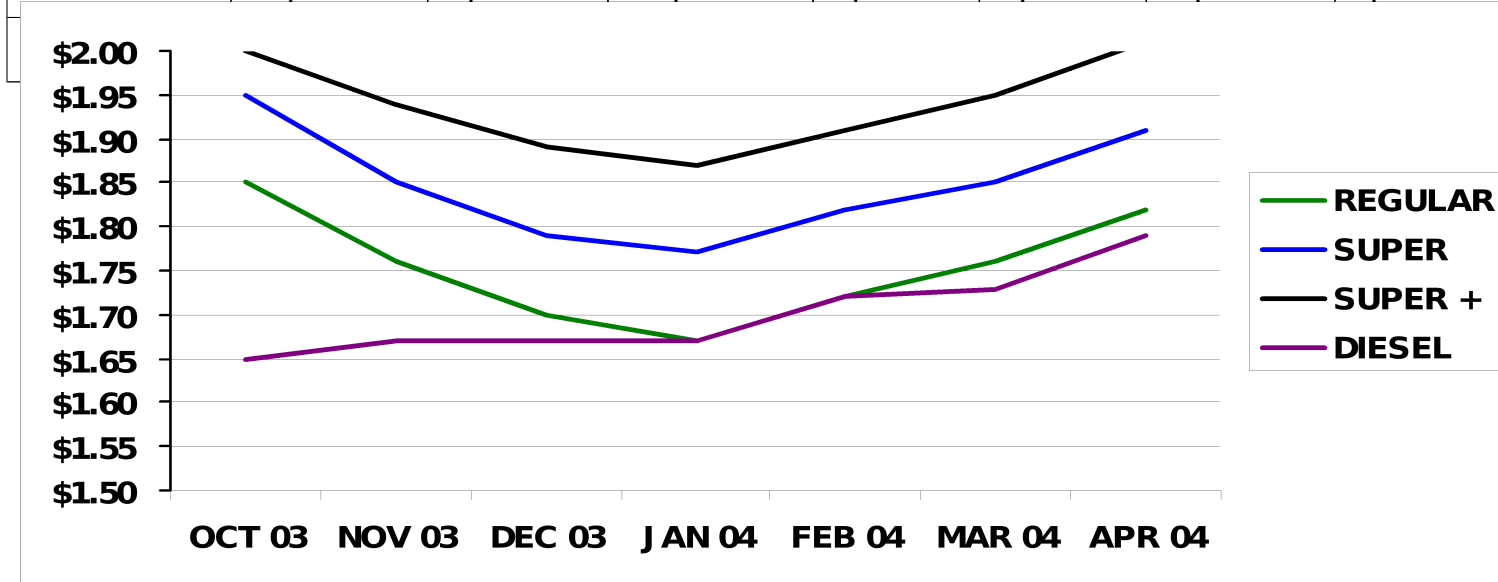




GASOLINE

PRICES

	OCT 03	NOV 03	DEC 03	JAN 04	FEB 04	MAR 04	APR 04
REGULA R	\$1.85	\$1.76	\$1.70	\$1.67	\$1.72	\$1.76	\$1.82
SUPER	\$1.95	\$1.85	\$1.79	\$1.77	\$1.82	\$1.85	\$1.91
SUPER +	\$2.00	\$1.94	\$1.89	\$1.87	\$1.91	\$1.95	\$2.01



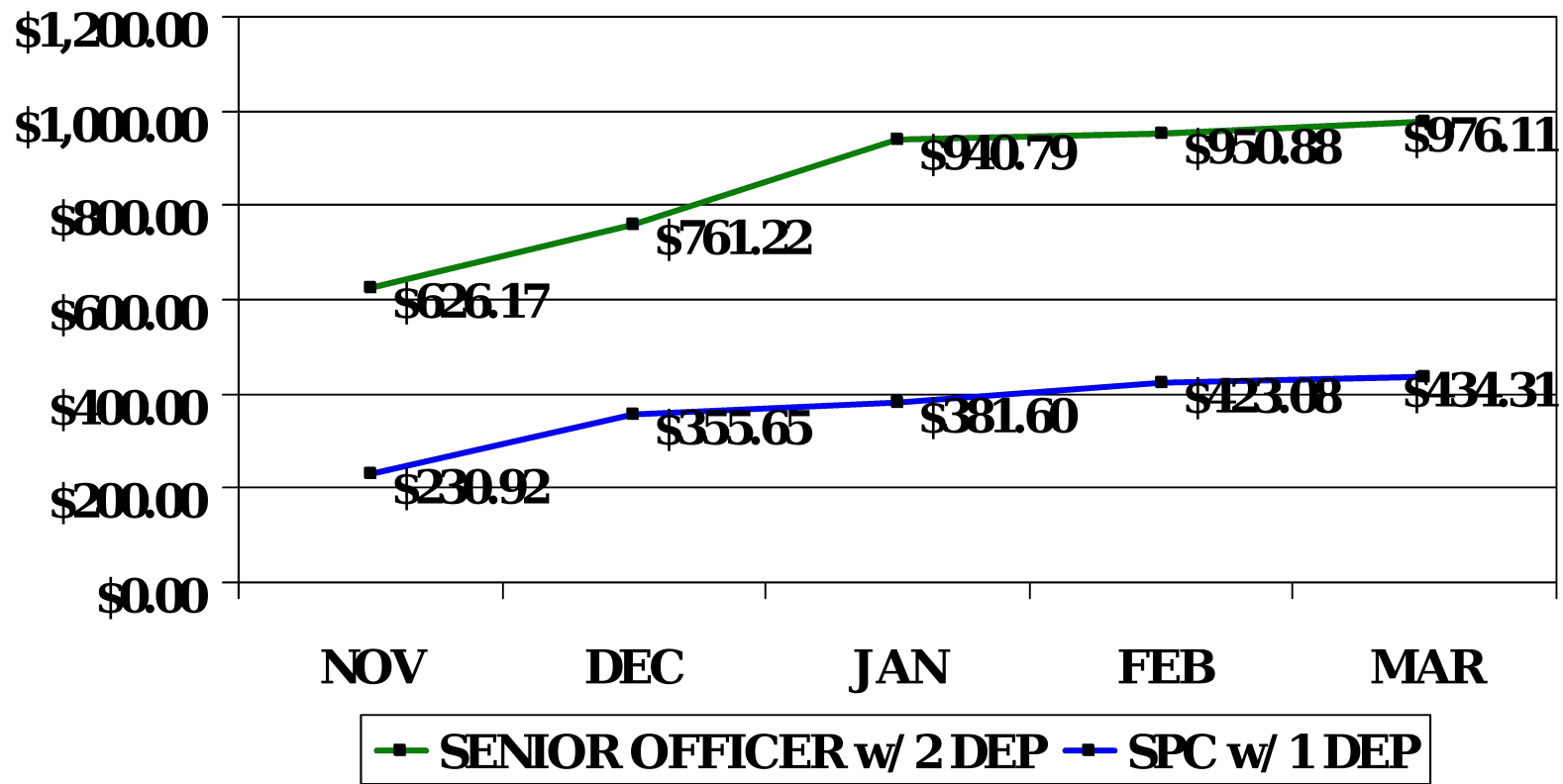
Current gasoline prices for Ft. Belvoir, Virginia as of 3 Mar 04 are as follows:

Regular \$1.69
Super \$1.79
Super + \$1.88



COST OF LIVING ALLOWANCE (COLA)

NOV 03 - MAR 04



THE TRUTH ABOUT HOUSING/BASE CLOSURES

- NO PLANS TO INVOLUNTARILY DISPLACE FAMILIES FROM GOVERNMENT HOUSING AREAS DURING DEPLOYMENT.**
- WE WILL NOT CLOSE FACILITIES DURING THE DEPLOYMENT.**

Coming May 28 & 29, 2004

Biggest sale of the year

Limited products available

Go to www.commissaries.com
for further details

Brought to you by the
support

**BAD
KISSINGEN
Commissary**

Selected:

Salad dressings
Cookie mixes
Canned goods
Microwave meals
Soups
Pasta sauces
Diapers
Fruit drinks
Cereals
Popcorn
Household products
Pet products

And more!

Up to 60% savings!!

Coming May 29 & 30, 2004

Biggest sale of the year

132 products available

Go to www.commissaries.com
for further details

Brought to you by the
support

**Schweinfurt
Commissary**

Selected:

Salad dressings
Cookie mixes
Canned goods
Microwave meals
Soups
Pasta sauces
Diapers
Fruit drinks
Cereals
Popcorn
Household products
Pet products

And more!

Up to 60% savings!!

SEND A MESSAGE DOWN- RANGE

**AFN WILL BE SETTING UP A
CAMERA AT THE SCHWEINFURT
COMMISSARY ON 23 APRIL 2004
TO FILM MESSAGES FROM FAMILY
MEMBERS TO BE BROADCAST TO
SOLDIERS DOWN-RANGE. THE
CAMERA WILL BE SET UP IN
FRONT OF THE COMMISSARY BUT
IN CASE OF INCLEMENT WEATHER
THEY WILL BE FOUND INSIDE.**

THE SCHWEINFURT LAW CENTER JAG

**ALL OFFICES HAVE MOVED TEMPORARILY TO
THE BASEMENT OF BUILDING 210,
ON LEDWARD BARRACKS**

OIC	354-6359
Administration	354-6384
Criminal Law	354-6193 / 6413/ 6192
Legal Assistance	354-6194
Civil Process	354-6243
Claims	354-6196
Claims	354-6195
FAX FOR ALL	354-6197



THE NEXT COMMANDER'S ACTION FORUM

**7 JUNE 04 BAD KISSENGEN
ELEMENTARY SCHOOL - 1800**

**8 JUNE 04 KESSLER GYM - 1800
HRS**